

# Camp Bentzon Activity Specific RAMs for Activity Leaders – Use with Bush Management Plan

## Bush walking V5.2

<b>Activity Description</b>	Trail walking through the Bush		
<b>Location Description</b>	Start and Finish Camp Bentzon. <b>Destinations</b> Rocky bay/Vivian bay Northern beaches accessed over foreshore and bush tracks through private land about 3 km each way (4 hours return trip) Smelting house bay/Ridge track look out/Barkers bay are accessed over private land about 2 km each way (2-3 hour return trip)		
<b>Supervision Structure</b>	<p>Max participant 120 +1 competent adult help per 12 participants minimum. Total group size up to 140 + 1 Instructor Lead Instructor with up to 20 competency checked / in-house trained group adult helpers. Where adult helpers are deemed not competent enough to assist, they are considered as a participant walker with max of 120.</p> <div style="text-align: center;"> <div style="border: 1px solid black; background-color: #e6f2ff; padding: 5px; margin-bottom: 10px; width: 100%;">Lead Instructor Bush walk</div> <div style="display: flex; justify-content: space-around;"> <div style="border: 1px solid black; background-color: #e6f2ff; padding: 5px; width: 30%;">Trained Competent Adult Heper</div> <div style="border: 1px solid black; background-color: #e6f2ff; padding: 5px; width: 30%;">Trained Competent Adult Helper</div> <div style="border: 1px solid black; background-color: #e6f2ff; padding: 5px; width: 30%;">Trained Competent Adult Helper</div> </div> <div style="display: flex; justify-content: space-around; margin-top: 10px;"> <div style="border: 1px solid black; background-color: #e6f2ff; padding: 5px; width: 30%;">Maximum 12 students per Adult helper</div> <div style="border: 1px solid black; background-color: #e6f2ff; padding: 5px; width: 30%;">Maximum 12 students per Adult helper</div> <div style="border: 1px solid black; background-color: #e6f2ff; padding: 5px; width: 30%;">Maximum 12 students per Adult helper</div> </div> </div>		
<b>Activity Policies</b>	All participants must be wearing appropriate layered clothing for conditions and suitable trainers/boots. Camp Bentzon Lead Instructor must determine Activity destination based on group ability and weather considerations.		
<b>Operational Limits (actual weather in area) Reconsider activity /areas as weather approaches limits</b>	Heavy rain causing Track to be unusable Thunderstorm forecast	Wind direction will determine which beach Winds < 30 knots depending on direction/track	
<b>Communication Procedures</b>	Voice, whistle for group management. UHF radios for activity leaders depending on group size minimum lead and tail radio. Cell phone to be carried.		
<b>Overdue Group Response</b>	Intentions noted on weekly sheet form E. Overdue by 30 minutes with no contact. <b>Emergency search begins Immediately.</b>		
<b>Previous significant activity specific incidents</b>	Two incidents with broken legs both female Adults 50/60s they slipped/tripped. Incident #82 – 2015, #100 - 2016		
<b>Industry Accepted Qualification &amp; Standards (Lead Instructor)</b>	Skills Active core Leader qualifications, Advanced first aid		
<b>Camp Bentzon Accepted Adult Helper / Assistant Competence</b>	Fit and capable of 6 km bush walk up to 3 hours walking at children's pace		
<b>Recommended Minimum Participant Ability</b>	Comfortable on steep slippery tracks, Capable of moderate exercise		
<b>Technical Advisors</b>	<b>Internal</b>	<b>Name:</b> Erin Hyde <b>Mobile:</b> on-site	<b>External</b>
			<b>Name:</b> Fiona Ryder <b>Mobile:</b> 021 024 95 914
<b>ASG / Standard</b>	Instructor Local Knowledge		
<b>Compulsory Instructor Equipment</b>	UHF, cell phone, clothing appropriate to weather and environmental conditions, securely fitting tramping boots, hat, sunglasses, sunblock, first aid kit, appropriate personal drinking water and food,, small tarpaulin for shelter		
<b>Suggested Instructor Equipment</b>	Wind/rain jacket		
<b>Compulsory Participant Equipment</b>	Warm layered clothing, securely fitting walking shoes, water, food, sunblock. personal medication that maybe required eg, EpiPen inhaler		
<b>Suggested Participant Equipment</b>	Hat, Sun glasses etc. for summer days. Rain coat if chance of rain, it swimming swim wear and change of dry clothes.		

<b>Pre-Activity Procedures – Specific to Bush walk – See SOP for general pre-activity procedures</b>	Re-check Participant health and abilities in line with conditions of the day and the destination. Chose destination and communicate. Complete intentions numbers/destination/ETR on weekly sheet in Office
<b>Assistant Training – Specific to Bush walk – See SOP for general pre-activity procedures</b>	Explain their location and role in the group especially tail end Adult NO ONE BEHIND YOU. Keep a watch no one strays from group. There will be regular stops to “consolidate group” rest and count if necessary. Call on UHF if any issue. If swimming at the beach the responsibility for managing will be handed to senior School teacher or group leader.
<b>Group Briefing – Specific to Bush walk – See SOP for general pre-activity procedures</b>	Explain destination and likely track conditions expected. Respect private property this walk is a privilege. No one ahead of Camp Instructor at the front leading the group. Do an accurate head count
<b>Post Activity Procedures – Specific to Bush walk</b>	As per SOP and ensure full head count upon return

## Hazard Management – Specific to Bush walking - See Bush management plan for general bush hazards

Activity Specific Hazard	Management– I/E = Isolate/Engineer; A&T = Awareness & Training; PPE = Personal Protective Equipment	Potential Severity 1-10	Minimising Strategy
<b>People (staff, participant, public)</b>			
Slip/trip	Manage fatigue and concentration organise regular stops for rest food and drink. Note parts that maybe especially slippery or dangerous, consider position an Adult there if appropriate	6	A&T
<b>Equipment (activity, emergency, other)</b>			
Unsuitable shoes/clothing	Check group before leaving	4	A&T
<b>Environment (see bush and marine hazards)</b>			
Sharp rocks and shells	Ensure walkers are wearing solid foot wear. Choose a route to avoid the worst areas. Consider leaving an Adult to help manage students through that area.	5	A&T
Weather deteriorates	Prepare to change walk area as appropriate – take rest. Return to base if required	4	A&T

## Emergency Response – Specific to Bush walking – FIRST STEPS – Camp Bentzon Emergency Procedures STOP, THINK, ACT

**3 Sharp Blows of the Whistle** – All walkers stop are quite and wait for instructions from Adults. Consolidate group check plan response.  
 Communicate with base (cell phone)  
 Beach swim (Group managed)  
 If participant is in water / drowning distress. Focus on **stabilizing head/mouth above water** – DRS ABC

<b>Approved by</b>	Erin Hyde	<b>Date</b>	Feb 2022	<b>Review in</b>	24 months – Feb 2024
<b>Technical Advisor</b>	Fiona Ryder	<b>Date</b>	Sept 2016	<b>Comments</b>	
<b>TE / Audit</b>		<b>Date</b>		<b>Comments</b>	